

Saint Louis University

Reaching out a helping hand, patronizing health and wellness

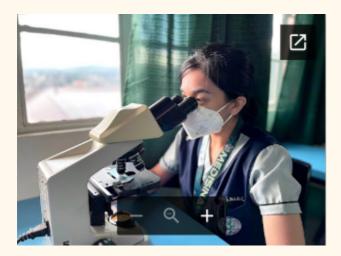


Saint Louis University

Health Outreach Programs

The emphasis on community health and wellness at Saint Louis University is rooted in a Louisian's unwavering duty and overall commitment to love and serve their communities, or "Amare et Servire." A Lousian's Human Agency for volunteerism is enabled by this call for well-being. The delivery of health outreach programs that aim to improve and promote wellness strategies such as physical and mental hygiene, nutrition, family planning, health monitoring, and other health related activities exemplifies the embodiment of the core value of Social Involvement.

Furthermore, Saint Louis University empowers students to take a stand and make a difference in the call for globalized positive health and welfare through various health outreach programs. This empowerment can be seen in the realized impact of the various programs offered in various local communities. Certainly, SLU's collaboration with its students and local communities has created opportunities for disadvantaged people to receive necessary health care services.









SLU SCHOOL OF MEDICINE Medical Outreach Missions Foundation Inc.

Published in: **SLU-MOM Official Facebook Page** at URL: <u>https://www.facebook.com/SLUVMPMOMFI</u>



In response to the demand for medical assistance within the Cordillera Administrative Region (CAR), The SLU Medical Outreach Missions (MOM) initiated activities to assist the indigent population in the region. Spearheaded by the School of Medicine, MOM is comprised of Student-doctors and Medical Practitioners with a sense of volunteerism and dedication to the wellness of the community.



MOMFI AT ANSAGAN, TUBA, BENGUET

Published in: Medical Outreach Missions Foundation Inc. Facebook Page at URL: <u>https://www.facebook.com/SLUVMPMOMFI/videos/564896761866179</u>



Dr. Roberto Tolentino, 13 MOM Volunteers, and two pediatric interns from the SLU Medical Center led a two-day medical mission at Barangay Ansagan, Tuba, Benguet, in association with the University of Cordillera's College of Arts and Science.

Members of Medical Outreach Missions were delighted and eager for additional missions in the upcoming weeks and months as they reopened their doors to invites and requests. In fact, WE SHARE IN GOD'S CARE.



MOMFI AT SITIO BANTIC, DALUPIRIP, ITOGON, BENGUET

Published in: Medical Outreach Missions Foundation Inc. Facebook Page at URL: <u>https://www.facebook.com/SLUVMPMOMFI/videos/394547049287616</u>



SLU SOM - Medical Outreach Missions in partnership with UC College of Arts and Sciences proved that caring and sharing goes beyond the borders of the city through reaching the mountains of Itogon. Despite the unpredictable weather, the volunteers hiked for 5 hours to reach the community of Bantic, upon reaching the community, the medical team started to provide free medical check-up's and donated medicines. No words can describe the astonishing feeling and burning desire to help, that the MOMFI team experienced during this mission. As our mantra says, " ' , ..."

SLU SCHOOL OF MEDICINE Circumcision Drive

Published in: Rotaract Club of Baguio SLU-School of Medicine Facebook Page at URL: <u>https://www.facebook.com/SLUVMPMOMFI/videos/756778169109722</u>



The School of Medicine, in partnership with Local Government Units, launches initiatives that enhance children's and young adults' health and hygiene as part of SLU's ongoing effort to advance its commitment to community service. One notable event was a circumcision drive, which served as a chance for medical students to hone their abilities in the area of minor surgery in addition to helping the local community to promote health and sanitation.



Webinars and Information Campaigns









Mental Health Webinar

Published in: Psych Society Facebook Page at URL: <u>https://www.facebook.com/theSLUPsycheSociety</u>

How to become a topnotcher: https://www.facebook.com/SONHonorSo ciety/posts/pfbid02tNWMBNocZLuwbcR ZXcWHVksbT4fHN2HnA86EBkgx1ZVPHzA hGTtueLZi8d6jBqe9l

Mahalaga ka:

https://www.facebook.com/theSLUPsych eSociety/photos/pb.100064708026980.-2207520000../5300666559964677/? type=3

The Sunflower Project:

https://www.facebook.com/OFFICIALSLU SSC/posts/pfbid0iHgqjK6eZzgncgDA1Acx FGys9heJt61p8mwhmJfv7meogBc9nh6gE D7owgPAp82bl

Nurses in the Pandemic:

https://www.facebook.com/SLUSONSSC/ photos/2113058905511006



Psyche Society Webinar Series

Published in: **Psyche Society -Saint Louis University FB Page** at URL: <u>https://www.facebook.com/theSLUPsycheSociety</u>







The wounded healer:

https://www.facebook.com/photo/? fbid=5386069774757688&set=pb.100064 708026980.-2207520000..

Gaming Burnout:

https://www.facebook.com/theSLUPsych eSociety/photos/pb.100064708026980.-2207520000../5300666559964677/? type=3

Pagsibol at Paghilom:

https://www.facebook.com/theSLUPsych eSociety/photos/pb.100064708026980.-2207520000../5166862760011725/? type=3

PAWSOME Talaga!:

https://www.facebook.com/theSLUPsych eSociety/posts/pfbid02utkRMbuiMtY9Db VuNB8ujvQC4Je4Xc2eJ6bSZKyWrZzU3T7 JpHhVsdMDHZio5cmLl



KASAMA/SSC FUND RAISING ACTIVITIES

Published in: **SLU Supreme Student Council** at URL: <u>https://www.facebook.com/OFFICIALSLUSSC</u>



In support of those affected by tropical cyclones that hit the Philippines, the **KASAMA/SSC** with the support of the university and in partnership with the **SLU Community Extensions and Outreach Program Office**, are conducting fund raising activities to purchasing of relief goods and provide additional aid for the areas that are affected by the typhoon



School of Nursing and Allied Biological Sciences Medical Tool Kits and Employee Check-up

Published in: **SLU KASAMA/SSC - School of Natural Sciences** at URL:

https://www.facebook.com/SNSKASAMASSC/photos/a.81976059140 9009/5575584985826522/



The KASAMA-SSC established a program that distributes health kits containing vitamins, medications, and alcohol that are funded by parents, teachers, and outside partners to ensure that students are well during faceto-face lessons.

