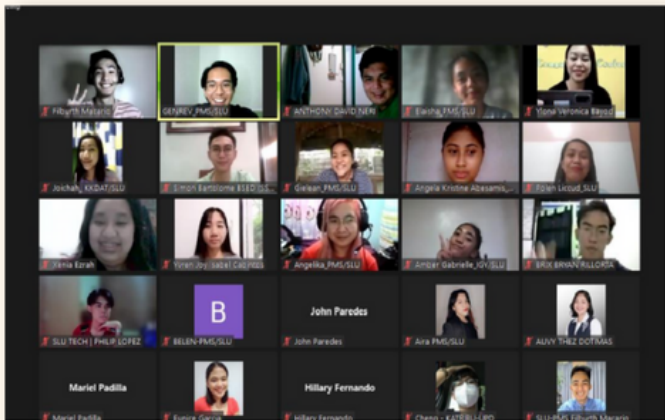


Sexual and reproductive health care services for students

Saint Louis University's continuous advocacy to educate students and learners about sexual and reproductive health care enables Louisians to seeking positive behaviors that reduces the chances of risky sexual behaviors. Moreover, SLU recognizes the crucial need for breastfeeding stations. The University commitment in supporting mothers to have secure attachment with infants is both beneficial for the physical and mental health and development of both child and mother.



SLU Breast Feeding Station

Published in: **SLU Website**
at URL: <https://www.slu.edu.ph/health-services/>



The SLU Breast Feeding Station was established in response to the requirements of faculty, staff, and student moms to help mothers meet their children's nutritional needs. A pumping station and refrigeration are provided as services to guarantee the freshness of children's milk.



Maternal & Child Nursing and Community Health Nursing

Maternal and child nursing (MCN) and Community health nursing (CHN) are vital subjects in nursing education that equip students with the knowledge and skills essential for addressing the multifaceted realm of sexual and reproductive health. MCN highlights the concept that empowers students to make informed decisions, practice safe sex, foster healthy relationships, and understand diverse sexual identities while reducing unintended pregnancies, STIs, and promoting mental well-being and emotional safety. Moreover, community health nursing highlights the different programs offered by the government along with preventive healthcare, with a strong focus on family planning, vaccinations, and health education. Nursing students are trained to engage and educate families in the care process, acknowledging that family dynamics often play a critical role in sexual and reproductive health decisions. All in all, MCN and CHN courses arm students with the knowledge, skills, and attitudes related to reproductive health care that they can use not only for themselves but also for the client/s they serve.

SAINT LOUIS UNIVERSITY
SCHOOL OF NURSING
Bachelor of Science in Nursing
Effective Academic Year 2018-2019

SECOND YEAR

FIRST SEMESTER						
COURSE No.	DESCRIPTIVE TITLE	Lec	Lab	RLE SL	C	Units
NCM 104/104A	Community Health Nursing 1 (Individual and Family as Clients)	2		1	1	4
NCM 105/105A	Nutrition and Diet Therapy	2		1		
NCM 106/106A	Pharmacology	3		1		4
NCM 107/107A	Care of Mother, Child, Adolescent (Well Clients)	4		2	3	9
GSTS	Science, Technology, and Society	3				3
CFE 103	Catholic Foundation of Mission	3				3
Total Units		17		5	4	26

SECOND SEMESTER						
COURSE No.	DESCRIPTIVE TITLE	Lec	Lab	RLE SL	C	Units
NCM 108	Health Care Ethics (Bioethics)	3				3
NCM 109/NCM109A	Care of Mother, Child, Adolescent at Risk or with Problems (Acute and Chronic)	6		1	5	12
NCM 110/110A	Nursing Informatics	2		1		3
GCWORLD	The Contemporary World	3				3
FIT AQ	Physical Activity Towards Health and Fitness (Aquatics)	2				2
CFE 104	CICM Missionary Identity	3				3
Total Units		19		2	5	26

SHORT TERM						
COURSE No.	DESCRIPTIVE TITLE	Lec	Lab	RLE SL	C	Units
GRIZAL	The Life and Works of Rizal	3				3
NSTP-CWTS 2	Social Awareness and Empowerment for Service	3				3
FIT OA	Physical Activity Towards Health and Fitness (Outdoor and Adventure Activities)	2				2
Total Units		8				8

Bachelor of Science in Nursing (BSN) NCM107/NCM107a Care of Mother, Child, Adolescent (Well Clients)

1	Name of Course	CARE OF MOTHER, CHILD AND ADOLESCENT (WELL CLIENTS)						
2	Course Number	NCM107/NCM107a						
3	Semester and Year Offered	First Semester, Second year						
13. Course Learning Plan								
Topic Learning Outcomes	Topic	Classroom Visual/ Online/ Synchronous/ Asynchronous	Assessment	Learning Strategies				
				TA	Topic Learning Outcomes	Related Learning Experience (SL, Clinical)	TA	Assessment
PRELIMS								
UNIT 1: INTRODUCTION, REPRODUCTIVE AND SEXUAL HEALTH	1A – Framework for maternal and child health nursing	Lecture with slides presentation on the: Introduction on MCN	Engage: implication of nurse statistics, Review of anatomy and physiology, and the relevance of this module	Week 1 and 2	UNIT 1: REPRODUCTIVE LIFE PLANNING	> Reproductive life planning (Family planning)	Week 1	Formative Assessment: SAQ
	Review anatomy and physiology related to their understanding reproductive and sexual health.	A. Goals and Philosophies of MCN	Unit quiz/MCQ, situational questions	2 hrs	1. Describe common methods of reproductive life planning according to advantages and disadvantages	> CONTRACEPTION	15 hrs	Summative Assessment: Activity worksheet - Situational Analysis - MCQ
	Trace the normal menstrual cycle.	C. Current global and local maternal, child and adolescent's health status			2. Differentiate the contraceptive methods according to advantages and disadvantages	> REPUBLIC ACT 10354		
	Integrate the concepts of sexuality in the care of clients.	D. Strategic threat of DOH			3. Identify the risk factors associated to the different contraceptive methods	> TYPES OF CONTRACEPTIVE METHODS		
Develop awareness to ethical/legal and moral imperatives in relation to sexuality.	1B.Reproductive and sexual health in relation to sexuality.	Lecture - slide presentation	Lecture - slide presentation	1 hour	4. Assess clients for reproductive life planning needs.	A. Natural family planning and fertility awareness		
Utilize the nursing process in the care of clients in relation to	1C. The nursing process: a.1 Female Reproductive System			0.5 hour	5. Teach patients how to use various methods of	B. Hormonal methods of contraception		
				1 hour		C. Barrier methods		
						D. Permanent methods		

