

# Metric 1.4

AY 2024-2025



Saint Louis University

## University Anti-Poverty Programmes



1 NO  
POVERTY



# Indicator 1.4.3

AY 2024-2025



Saint Louis University

## Programs for Services Access



1 NO POVERTY



# Training Or Programmes to Improve Access to Basic Services for All

Published on the SLU website

<https://www.slu.edu.ph/2024/02/26/rotaract-club-scales-new-heights-of-service-with-adyo-sa-baguio-outreach-program/>



Universities hold a moral and social responsibility, as stewards of knowledge and resources, to help communities overcome poverty and create opportunities for lasting change. Saint Louis University (SLU) fulfills this calling through initiatives that combine compassion with competence, such as the student-led outreach program Adyo sa Baguio organized by the Rotaract Club of Baguio–SLU School of Medicine in partnership with the Rotaract Club of Imus. Held on 3 February 2024, the initiative supported indigenous and marginalized families in the Cordillera region through food and hygiene distribution, free medical consultations, and health education sessions promoting long-term wellness.

Over 180 beneficiaries received essential goods, medicines, and learning materials, while children were engaged in activities that built dignity and joy. Beyond short-term relief, the project strengthened community self-sufficiency and embodied the role of universities in advancing SDG 1 (No Poverty), alongside SDGs 3, 4, 6, 10, 11, 16, and 17. Adyo sa Baguio stands as a compelling example of how SLU's faith-inspired education transforms learning into action, proving that when students lead with empathy and purpose, education itself becomes a force that breaks the cycle of poverty.



# Training or Programmes to Improve Access to Basic Services for All

Published on the SLU website

<https://www.slu.edu.ph/2024/10/30/slu-hrd-and-crisis-management-and-resilience-team-conduct-psychological-first-aid-training/>



On October 29, 2024, representatives from Saint Louis University's academic and administrative units took part in the Psychological First Aid (PFA) Training organized by the Human Resource Department (HRD) and the Crisis Management and Resilience Team (CMRT), with support from the Philippine Guidance and Counseling Association, Baguio-Benguet Chapter (PGCA BBC) and the SLU Center for Counseling and Wellness (CCW).

Emphasizing the Filipino values of binnadang, pakikiisa, and pakikiramay, the training embodied SLU's core value of compassion, strengthening communal care systems. It aimed to equip participants with essential skills to provide immediate emotional and psychological support, ensuring that mental health becomes a basic service accessible to all within the University community.

Through its focus on mental well-being, stress management, and community responsiveness, the PFA Training contributes to Sustainable Development Goal 1 (No Poverty)—specifically the target to organize programs that improve access to basic services. By empowering individuals to support one another in times of psychological distress, SLU fosters resilience, inclusivity, and well-being, helping to build a compassionate environment where healthcare, both physical and mental, is part of every Louisian's daily life.

