



Metric 3.3

Saint Louis University

Partnering with government and non-government institutions in support of the local community



3 GOOD HEALTH AND WELL-BEING

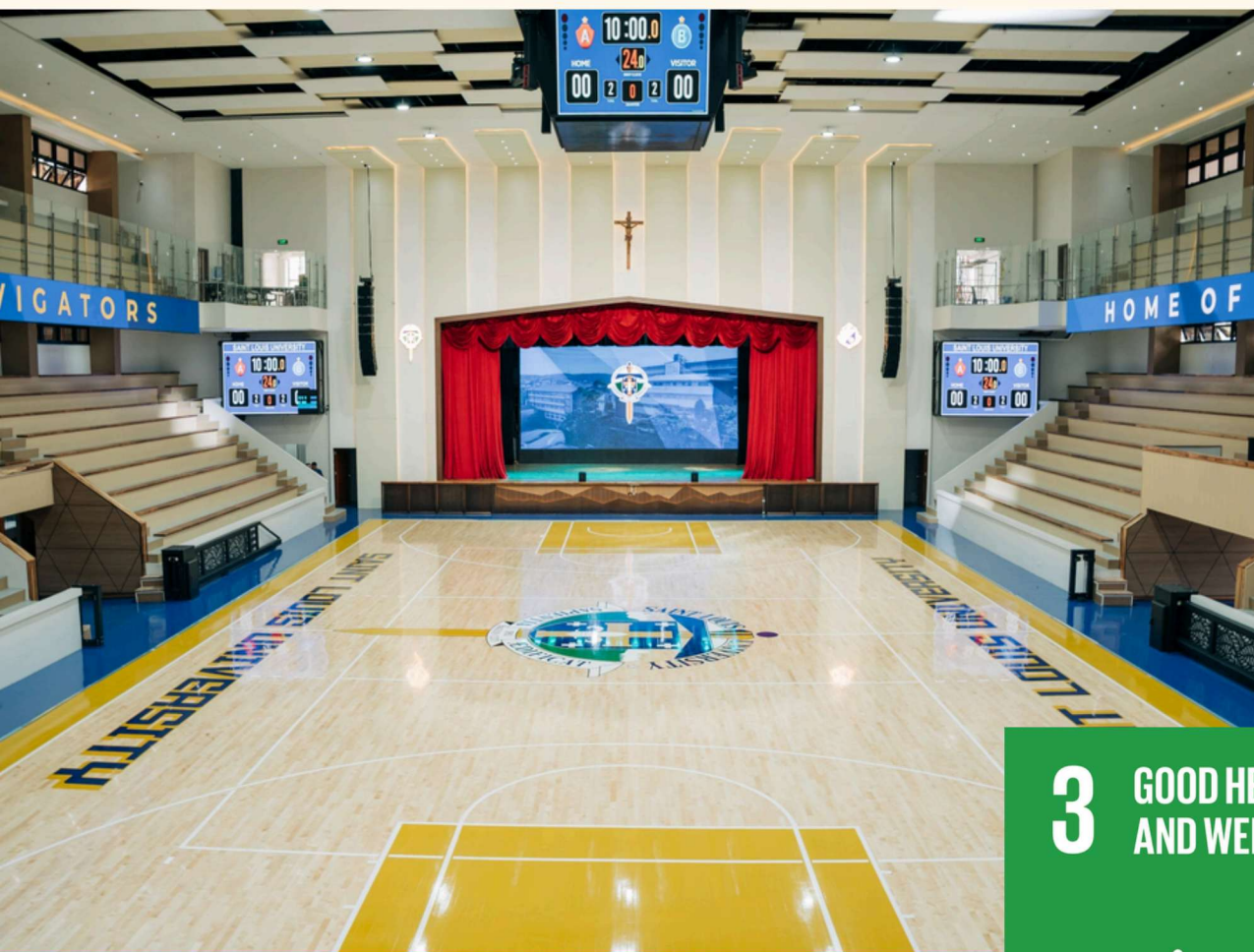


Indicator 3.3.3



Saint Louis University

Shared Sports Facilities



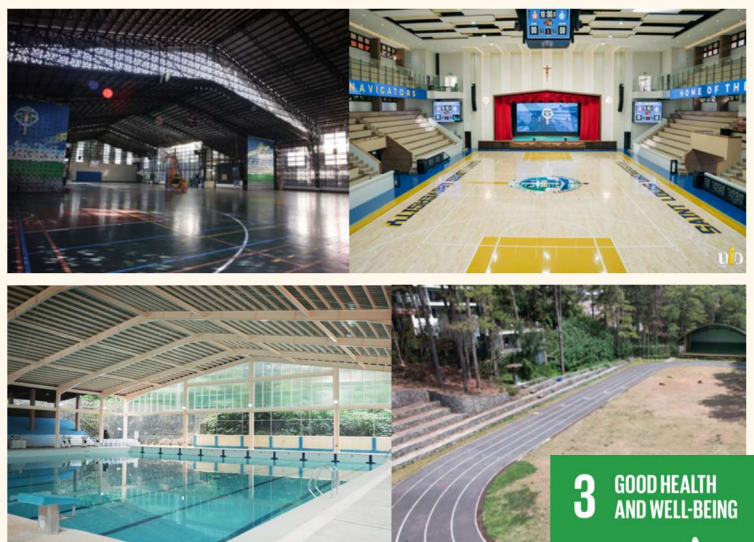
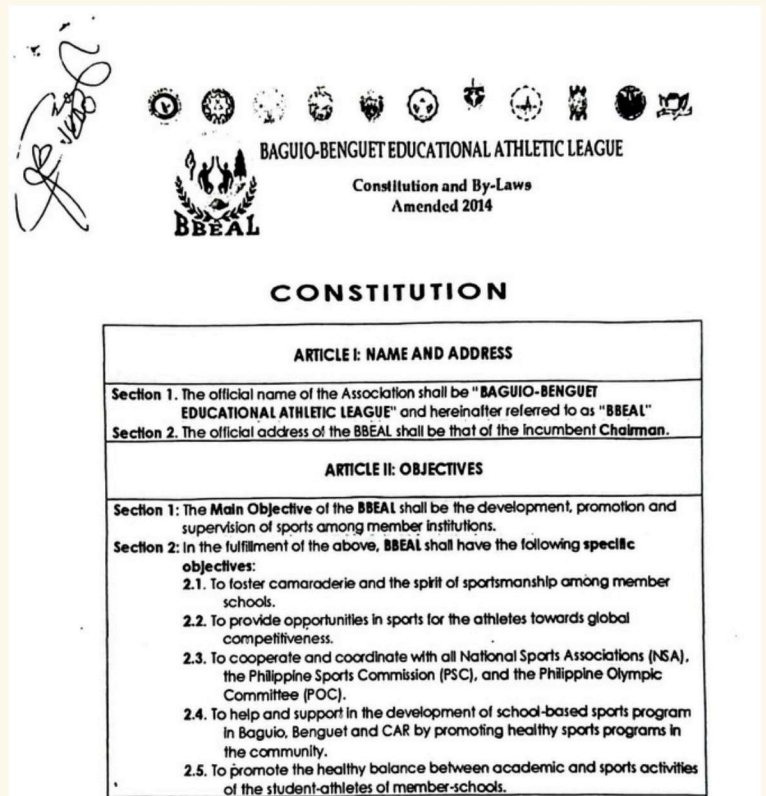
3 GOOD HEALTH
AND WELL-BEING



SLU's BBEAL Membership as a Platform for Health Promotion

In line with its mission to promote holistic human formation and well-being, Saint Louis University (SLU) continues to champion the principles of the United Nations Sustainable Development Goal (SDG) 3: Good Health and Well-being through its active participation in sports and athletic development. Reaffirming this commitment, SLU continues its membership with the Baguio-Benguet Educational Athletic League (BBEAL), a long-standing consortium of higher education institutions in the region dedicated to fostering camaraderie, sportsmanship, and physical excellence among student-athletes. As an active member institution, SLU upholds the league's shared values of health, wellness, and youth development through responsible and inclusive sports engagement.

Beyond competition, SLU's involvement in the BBEAL reflects a deeper advocacy for sports as a vehicle for holistic education and community health. The University recognizes that physical activity plays a vital role in promoting mental well-being, teamwork, and discipline, key components of SDG 3's vision for ensuring healthy lives and promoting well-being for all at all ages. In fulfilling its responsibilities as a member of the league, SLU extends the use of its world-class sports facilities to the BBEAL community. This act of cooperation, as stated in the BBEAL Constitution and By-Laws, signifies SLU's spirit of solidarity and shared responsibility in advancing sports development within the region. By opening its facilities for training and competition, the University contributes to providing equitable access to safe and quality sports environments for student-athletes across Baguio and Benguet.



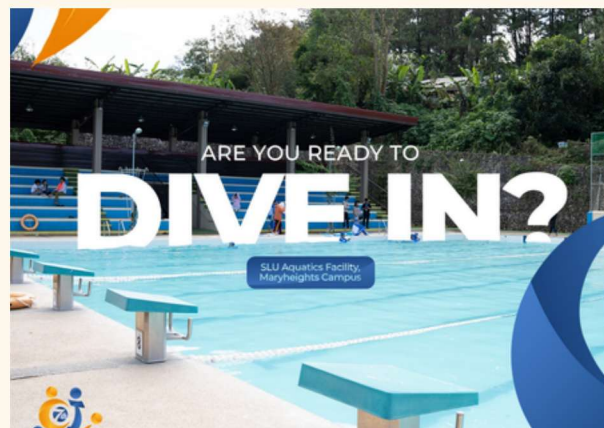
3 GOOD HEALTH AND WELL-BEING



7th CICM Friendship Meet: Saint Louis University Upholds SDG 3 through Sports and Community Engagement

Published in the Saint Louis University Website:

<https://www.slu.edu.ph/2024/02/19/towards-inclusion-excellence-and-solidarity-7th-cicm-friendship-meet-officially-opens/>



In line with its commitment to the United Nations Sustainable Development Goal (SDG) 3: Good Health and Well-being, Saint Louis University (SLU) continues to promote holistic formation by fostering health, wellness, and camaraderie through sports and community activities. The University proudly hosted the 7th Congregation of the Immaculate Heart of Mary (CICM) Schools Friendship Meet, which concluded on 23 February 2024 at the Prince Bernhard Gym, SLU Main Campus. After a four-year hiatus, the event brought together students and athletes from CICM sister schools in a week-long celebration of friendship, inclusivity, and excellence.

Embracing the theme “Sandiwa’t Misyon: Journeying Together as CICM Schools Towards Catholic Integral Formation and Global Excellence,” participants from Saint Louis College Cebu (SLCC), Saint Louis College San Fernando (SLC-LU), Saint Louis University-Baguio City (SLU), Saint Mary’s University-Bayombong (SMU), and University of Saint Louis-Tuguegarao (USL) showcased their athletic and artistic talents, strengthening bonds through shared values of teamwork and sportsmanship.

Supporting this initiative, SLU opened its world-class sports facilities to all participating CICM schools, reinforcing its belief that accessible, quality sports environments promote both physical and mental well-being. By hosting and supporting events that encourage active lifestyles and community engagement, Saint Louis University exemplifies the goals of SDG 3.3.3, nurturing communities that thrive in mind, body, and spirit.

