SAINT LOUIS UNIVERSITY

Baguio City, Philippines

Metric 3.3 Collaborations and health services



3 GOOD HEALTH AND WELL-BEING

Times Higher Education Sustainability Impact Ratings

AY 2025-2026

SAINT LOUIS UNIVERSITY

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Indicator 3.3.2 Health outreach programmes



3 GOOD HEALTH AND WELL-BEING

Times Higher Education Sustainability Impact Ratings

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SLU MOMFI's LINGAP KAPWA Medical Mission

On September 13, 2025, student volunteers and medical professionals from the Medical Outreach Missionary Fellowship Initiative (MOMFI) of Saint Louis University (SLU), Baguio City, participated in "LINGAP KAPWA," a comprehensive medical and dental outreach held at EPZA Resettlement Elementary School (ERES) in Angeles City, Pampanga. Organized in collaboration with the Pampanga Mega Central Rotary Club and volunteers from the Philippine Dental Association of North Luzon, the outreach aimed to provide free, accessible healthcare to approximately 1,000 residents of Barangay Epza—directly supporting United Nations Sustainable Development Goal 3 (Good Health and Well-Being).

Demonstrating strong dedication to community service, the SLU MOMFI team mobilized 32 volunteers, including two physiatrists, an internist, two pediatricians (one specializing in allergology), an obstetrician-gynecologist, a general practitioner, a surgical resident, a post-graduate intern, a nurse, two physical therapists, and 17 dedicated medical students (nine third-year and eight second-year students).



LINGAP KAPWA," a comprehensive medical and dental outreach held at EPZA Resettlement Elementary School (ERES) in Angeles City, Pampanga.

Throughout the day, SLU medical students gained hands-on clinical exposure while working alongside experienced healthcare professionals. Under direct supervision, second- and third-year students assisted in patient registration, conducted clinical intake, observed case management, and helped administer essential health services. Their involvement allowed them to hone critical clinical skills while gaining a deeper understanding of compassionate, community-focused healthcare delivery.

The outreach delivered a wide range of services, including adult and pediatric general consultations, ENT evaluations, outpatient surgical care, OB-GYN checkups, dental services, and pharmacy dispensing. In addition, the team conducted health education sessions for children, focusing on fundamental hygiene practices and preventative care.





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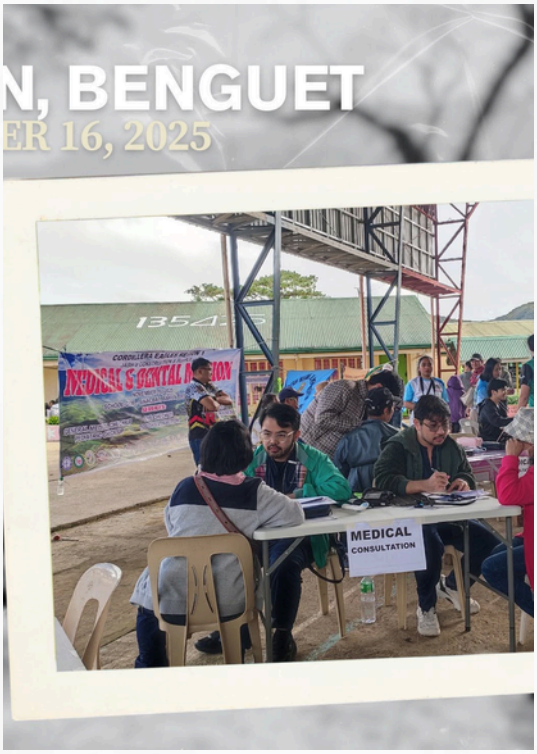
Clinical Competence Meets Community Impact: SLU Medical Students Lead Outreach in Underserved Benguet

On November 16, 2025, student volunteers and medical professionals from the Medical Outreach Missions Foundation, Inc. (MOMFI) of Saint Louis University (SLU), Baguio City, spearheaded a medical outreach at Sinacbat Elementary School in Bakun, Benguet. Organized in partnership with the Leo Club and the Cordillera Eagles Region 1 Club, the initiative brought essential healthcare services to the mountain community—directly furthering SLU's commitment to United Nations Sustainable Development Goal 3 (Good Health and Well-Being) by expanding access to quality care in remote areas.

Demonstrating exceptional dedication, the 23-member volunteer team gathered at the SLU MOMFI office at midnight and embarked on a four-to-five-hour journey, arriving in Bakun on a brisk, sunny Sunday morning. Upon arrival, the team collaborated with local Barangay Health Workers who had prepared the site, immediately establishing specialized stations for Registration, General Consultation, EENT (Eyes, Ears, Nose, and Throat), Ophthalmology, OB-GYN, Dental Care, and Pharmacy services.



The outreach served as an invaluable experiential learning platform for the 16 SLU medical student volunteers. Working directly alongside six volunteer physicians—Drs. Robert E. Tolentino, Therese D. Tolentino, Ruth Taguiling, Isabel Marie S. Yllana, Gabriel Pangilinan, and Aldrin Jay Cayatoc—and one post-graduate intern, the second- and third-year medical students actively assisted in clinical intake, shadowed consultations, and supported specialized OB-GYN procedures. Under professional mentorship, the students honed their diagnostic skills and observed complex clinical presentations, including the evaluation of a pediatric patient diagnosed with Tetralogy of Fallot.



Through this service-learning mission, Saint Louis University medical students delivered high-impact medical relief to an underserved population while cultivating clinical competence and community-centered empathy.



Source: https://www.facebook.com/media/set/?set=a.1585627906933588&type=3&ref=embed_post



Compassionate Care in Specialized Settings: SLU Medical Students Support Health Equity for Incarcerated Women

On December 1, 2025, student volunteers from the Medical Outreach Missionary Fellowship Initiative of the Saint Louis University School of Medicine (SLU–SOM MOMFI), Baguio City, conducted a targeted medical mission at the Baguio City Women's Jail. Dedicated to upholding human dignity and health equity, the outreach provided free, compassionate healthcare services to Persons Deprived of Liberty (PDLs)—a marginalized population that often faces significant barriers to quality care. This initiative directly advances United Nations Sustainable Development Goal 3 (Good Health and Well-Being) by extending vital healthcare services to vulnerable and underserved institutionalized communities.

The mission served as an impactful experiential learning opportunity for SLU medical students, blending clinical training with social responsibility. Rotating through specialized clinical stations, the student volunteers actively assisted in patient registration, conducted vital signs monitoring, performed intake assessments, and helped formulate treatment plans

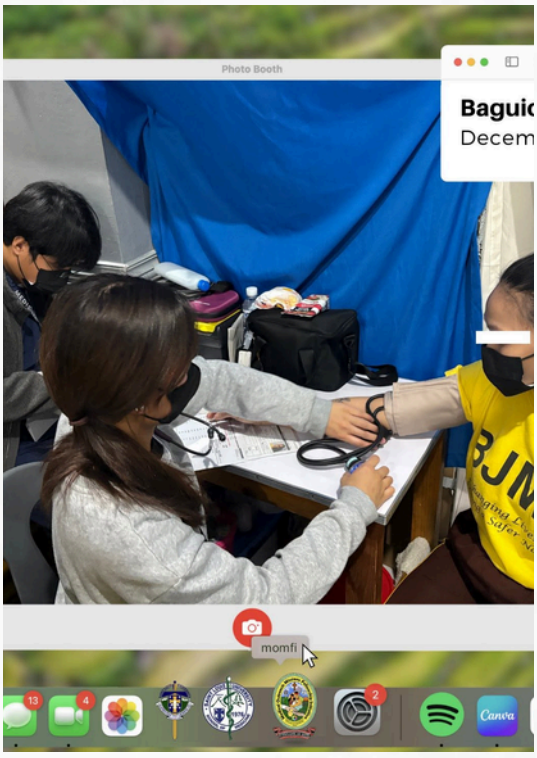


Under the direct supervision and mentorship of seasoned physicians, the students applied their academic knowledge to real-world clinical practice, sharpening their diagnostic skills and observing complex case management in a specialized care setting.

Beyond clinical skill acquisition, the outreach offered a profound lesson in ethical healthcare delivery and social determinants of health. Interacting with PDLs provided the future physicians with firsthand insight into the unique healthcare challenges, institutional barriers, and health disparities experienced within correctional facilities. This immersive experience reinforced the principles of non-judgmental, patient-centered care and deepened their commitment to medical humanism.

By extending quality healthcare to the residents of the Baguio City Women's Jail, Saint Louis University continues to demonstrate its dedication to civic engagement, global health equity, and the holistic development of ethical, competent, and socially conscious medical professionals.





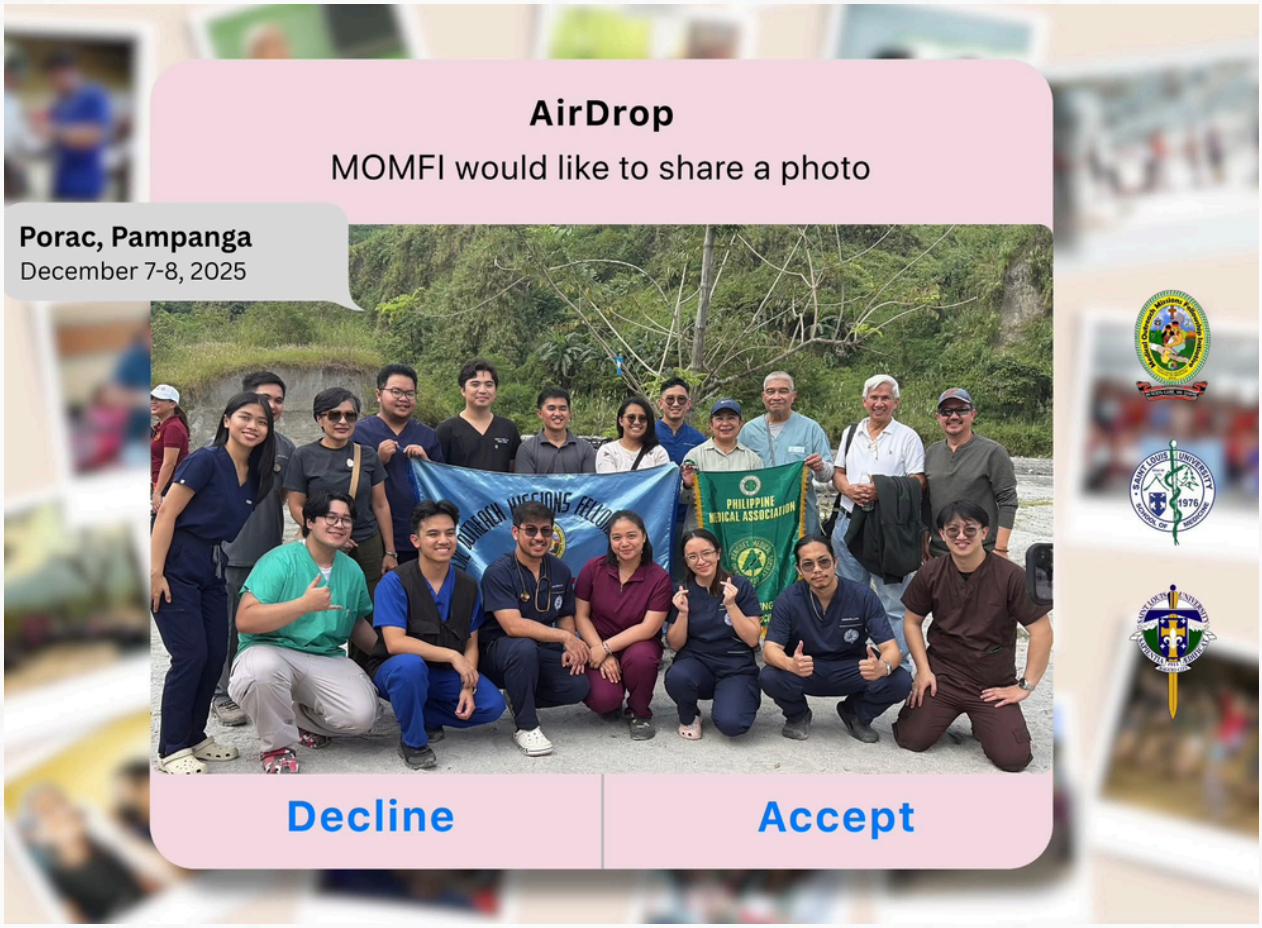
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Service-Learning for Global Health Equity: Saint Louis University Mobilizes Medical Outreach to Remote Indigenous Settlers

On December 7–8, 2025, student volunteers and medical professionals from the Medical Outreach Missions Fellowship Initiative (MOMFI) of the Saint Louis University (SLU) School of Medicine, Baguio City, conducted a two-day medical outreach in Sitio Inararo, Porac, Pampanga. Organized in partnership with MEDWISH, Edwin L. Capulong, MD, and the YATS Foundation, the mission provided vital healthcare services to the indigenous Aeta community residing in their ancestral domain. By expanding healthcare access to isolated indigenous populations, the SLU MOMFI team directly supported United Nations Sustainable Development Goal 3 (Good Health and Well-Being), while also advancing SDG 10 (Reduced Inequalities) and SDG 17 (Partnerships for the Goals).

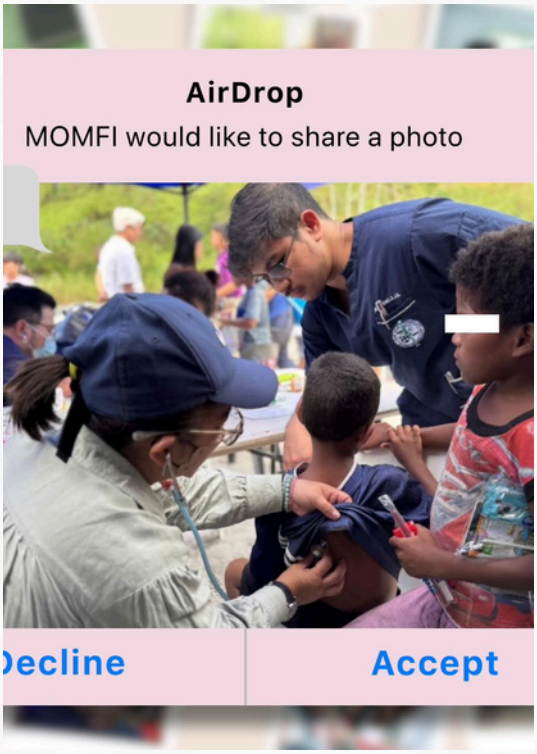
Throughout the two-day mission, the team delivered free medical consultations, clinical assessments, and prescribed medications to over 60 members of the Aeta community.



The team primarily managed respiratory conditions, musculoskeletal complaints, pediatric illnesses, and chronic non-communicable diseases. To ensure treatment adherence, SLU volunteers provided clear, culturally appropriate explanations regarding medication usage.

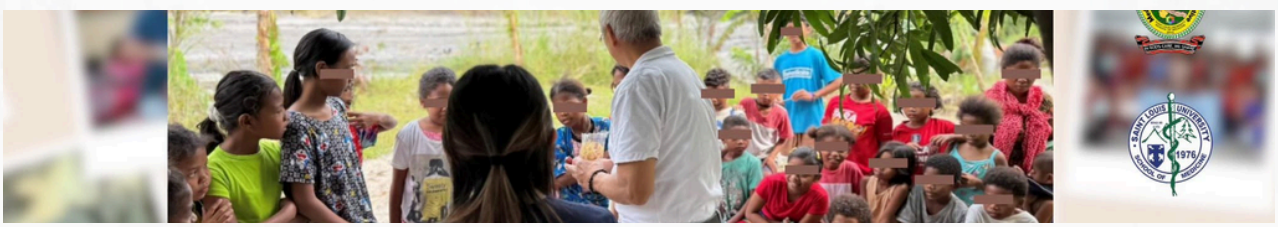
Beyond direct clinical care, the outreach emphasized preventive health and holistic well-being. Student volunteers conducted hands-on health and hygiene education sessions for children and families, covering basic oral hygiene, nutrition, disease prevention, and symptom recognition. In line with SLU's CICM advocacies—focusing on justice, peace, integrity of creation, and Indigenous Peoples' rights—the team integrated spiritual support into their community engagement, honoring the ancestral land and its people upon arrival.

Despite logistical challenges inherent to remote mountain terrain, the SLU MOMFI delegation maintained an organized and compassionate presence. The mission successfully addressed immediate clinical needs while empowering the community with health literacy, exemplifying Saint Louis University's dedication to service-learning, health equity, and sustainable development.





Source: https://www.facebook.com/media/set/?set=a.1603706155125763&type=3&ref=embed_post



Bridging Healthcare Gaps at the Grassroots Level: Saint Louis University's Outreach in Irisan, Baguio City

On April 19, 2026, student volunteers and medical professionals from the Medical Outreach Missionary Fellowship Initiative of Saint Louis University (SLU MOMFI), Baguio City, organized a community-based outpatient surgical outreach at the Irisan Barangay Hall in Baguio City. The initiative provided free, safe, and hygienic minor surgical care to young boys, directly promoting community hygiene, male reproductive health, and preventive care. This local outreach aligns with United Nations Sustainable Development Goal 3 (Good Health and Well-Being) by improving access to safe, community-level surgical interventions for underserved families.

Working alongside Irisan Barangay Health Workers, SLU medical students gained hands-on clinical exposure, refined their minor surgical skills, and learned operational management, including instrument sterilization protocols and workflow optimization. Through this neighborhood outreach in Baguio City, Saint Louis University reinforced its commitment to local health equity, youth health education, and practical service-learning for future medical professionals.

Source: https://www.facebook.com/media/set/?set=a.1718732936956417&type=3&ref=embed_post



Expanding Health Equity and Preventive Care: SLU Medical Students Lead Comprehensive Mission in La Union

On May 1, 2026, student volunteers, medical clerks, and healthcare professionals from Saint Louis University (SLU), Baguio City, partnered with the Local Government Unit (LGU) of Sudipen to conduct a comprehensive multi-departmental medical mission in Duplas, Sudipen, La Union. Aimed at bridging healthcare access gaps in rural coastal and agricultural communities, this outreach directly aligns with United Nations Sustainable Development Goal 3 (Good Health and Well-Being) by delivering free, high-quality medical, surgical, and preventive services to underserved populations.

The mission provided a holistic range of specialized health services tailored to the community's primary needs: General Medicine & Consultations: SLU medical clerks and physicians evaluated primary health complaints, conducted physical exams, and formulated treatment plans. Minor Surgery: Clinicians and student volunteers performed minor surgical procedures and circumcisions with comprehensive perioperative care.



The OB team conducted Pap smears and prenatal check-ups to promote maternal wellness and early disease detection. Dental & ENT Services: Volunteers delivered tooth extractions for oral care and provided specialized ear cleaning and hygiene instruction. Physical Therapy: PT specialists and volunteers provided mobility assessments, musculoskeletal rehabilitation, and personalized home-exercise education. Pharmacy & Preventive Health Education: Student volunteers dispensed prescribed medications with clear usage guidelines while conducting interactive health sessions on proper handwashing and personal hygiene.



The mission highlighted stark social determinants of health when several pediatric surgical patients revealed they faced a two-hour walk home after their procedures, prompting the team to prioritize their care. This firsthand experience deepened the SLU students' understanding of health disparities, rural travel burdens, and the critical need for mobile community healthcare. Through this collaborative mission in La Union, Saint Louis University reinforced its dedication to SDG 3, empowering future physicians to deliver empathetic, accessible, and community-centered care to marginalized populations.



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The SLU SDG Report 2026